

Active



Visit
Valdarno



Welcome to Valdarno Right in the heart of the truest Tuscany!

Welcome to the authentic heart of Tuscany, where its essence is guarded. A territory rich of **unmissable experiences** will welcome its guests.

The Tuscan countryside, the gentle flow of the Arno river, the hills and the mountains, Pratomagno, fields and farms, good Tuscan food, the many outdoor experiences, family relaxation, art and culture, all the charm of its relais.

Feeling good.

Traveling among the countless beauties of this territory, you can savor the warm scents of the vineyards, venture among enchanting landscapes and get lost in a journey in time and history through the discovery of its **artistic and cultural heritage**.

Here, you can alternate moments of silence, at the edge of a swimming pool, surrounded by nature, with **active days**, joining guided tours on the trails that run along Valdarno. How? It is up to you! On foot, horseback, or by bicycle. There are so many outdoor activities you can choose from. And then, wine tastings in the cellar or **culinary tours** to discover the typical Tuscan dishes and wines. Valdarno is a territory that hosts food and wine excellences handed down by farmers and producers, from generation to generation: Flavors, aromas, customs and traditions will accompany you in your holiday diary along with memories that will fill all five senses.

Thanks to the succession of breathtaking landscapes and colors, typical of the Tuscan countryside, and untouched nature, emotions will become the real protagonists of this trip and, as if this was not enough, all the wonders of **Florence, Arezzo and Siena** are less than one hour away.

Each road will tell you a different story, each experience will have the face of a person you will meet on your journey and will remind you of that place. You will learn to observe Valdarno with the eyes of those who live this land every day with passion and dedication, and you will become a part of it.

Share your emotions during your holidays in Valdarno

USE THE HASHTAG **#VISITVALDARNO**

TELL YOUR STORY ON **PLAYYOURTUSCANY.IT**

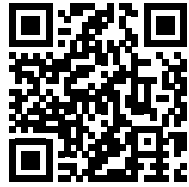


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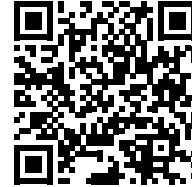
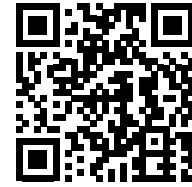
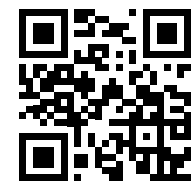
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Bucine
www.visitvaldambra.com

Castelfranco Pian di Scó
castelfrancopiandisco.it

Caviglia
www.comune.caviglia.ar.it

Laterina Pergine
www.halleyweb.com

Loro Ciuffenna
www.comune.loro-ciuffenna.ar.it

Montevarchi
www.montevarchi.tuscany.it

San Giovanni Valdarno
www.comunesgv.it

Terranuova Bracciolini
www.comune.terranuova-bracciolini.ar.it
LEGENDA

Highway A1

SR 69


Railway station


Valdarno

Valdarno Aretino is the part of the valley that extends over the upper course of the **Arno** river, a stretch of land which – due to its position – is often called the **heart of Tuscany**. Enclosed to the north by the imposing **Pratomagno** Massif and to the south by the ridge of the hills and mountains of **Chianti**, it offers an extremely varied landscape. From the **woods** that line the ridges of the mountain peaks, we pass to the **olive groves** of the mildest hills and the countryside colored in infinite shades of **fruit trees** and **vineyards**, up to the **natural reserves** born around lakes Bandella and San Cipriano.

All this adds to the unique landscape offered by **Balze**, high vertical walls with a mix of colors, interspersed with deep gorges, the splendid result of the erosion of the land once occupied by the ancient lake of Valdarno.

Land of **ancient trade routes**, it was strongly influenced by the bitter disputes for the territory between Florence and Arezzo in **medieval times**. As evidence of its historical past, today it preserves, scattered in its territory, **medieval villages, fortified towns, eighteenth-century villas and Romanesque parish churches** surrounded by greenery that preserve **valuable masterpieces**. In Valdarno, the phenomenon of “**Terre Nuove**”, newly built urban centers that arose on the thrust of the Florentine lordship in the fourteenth century to increase the control of Florence over the surrounding territories of the earldom, always disputed with the historical enemy Arezzo, was particularly important.

Combine
physical activity
and sport
with knowledge
and care
for our territory,
its culture,
and the people
who live there

An open-air gym

Valdarno is an authentic open-air gym, where you can spend a holiday immersed in nature. Choose your sport! *Climbing, trekking, running, biking, golf, horse riding, polo, or sailing?*

Here you will find everything you are looking for...



Exploring the **network of trails** on its hills on foot, by bike, and on horse-back; taking a dive in the crystal clear waters of **mountain streams**; cycling along quiet roads or deciding to participate in the Marzocchina, a vintage bike race open to everyone, are the experiences that will make you live your holiday intensely, regenerating your body and mind. A game of golf or polo, or a visit to **San Cipriano's Lake** where you can practice sailing, canoeing, or SUP.

1. Bikers
in the Balze area
Castelfranco Piandiscò



2. Horse riding
in Valdarno



1. La Marzocchina
vintage race
San Giovanni Valdarno



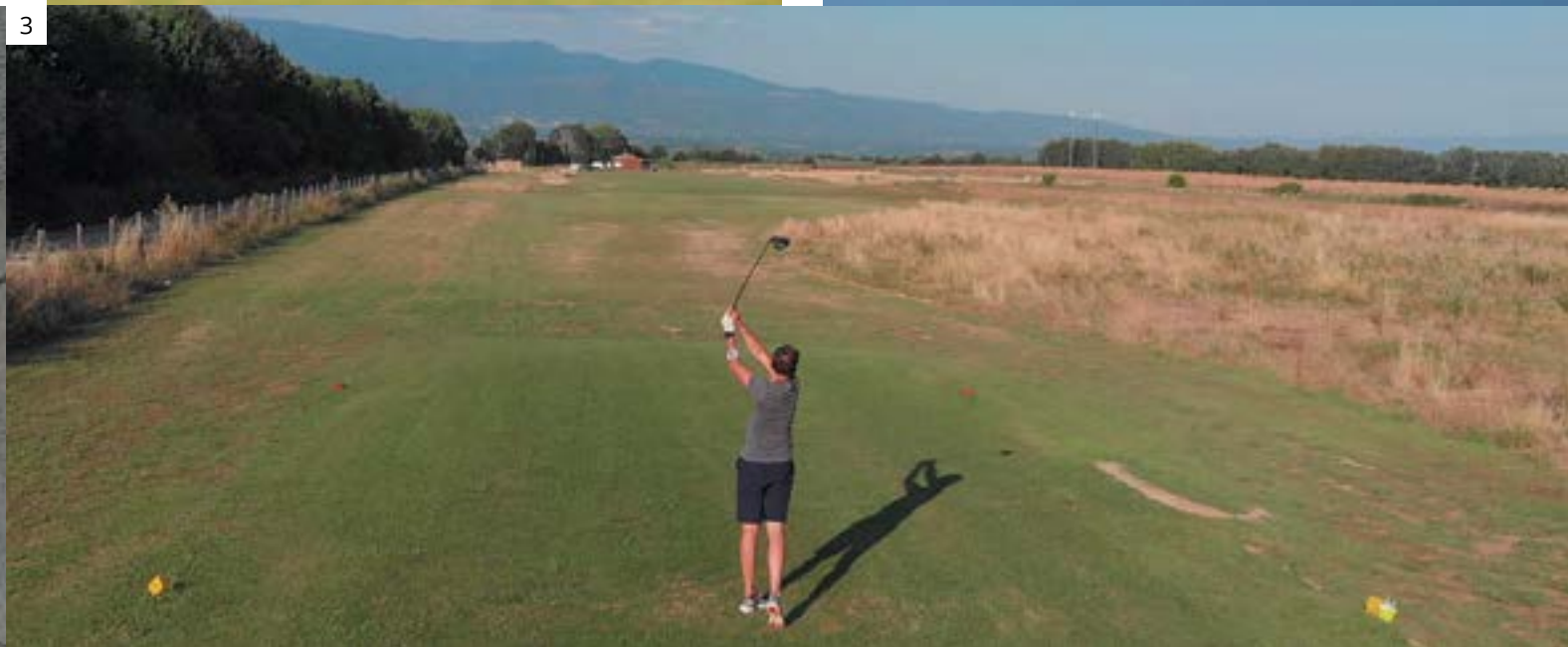
1 2
3

2. Polo
Bucine



4

4. Sailing
Lake of San Cipriano
Caviglia





Landscape
San Pancrazio



The 30 km of **mountain area of Pratomagno**, for outdoor lovers looks like a real paradise made up of hundreds of kilometers of marked trails, to be explored on foot, by bike or on horseback, or to pick mushrooms and other fruits of the forest.

A landscape made up of continuously changing setting: Its soft green sprinkled with flowers in spring, the intense yellow of summer, the warm colors of autumn, snow and the transparency of the air in winter.

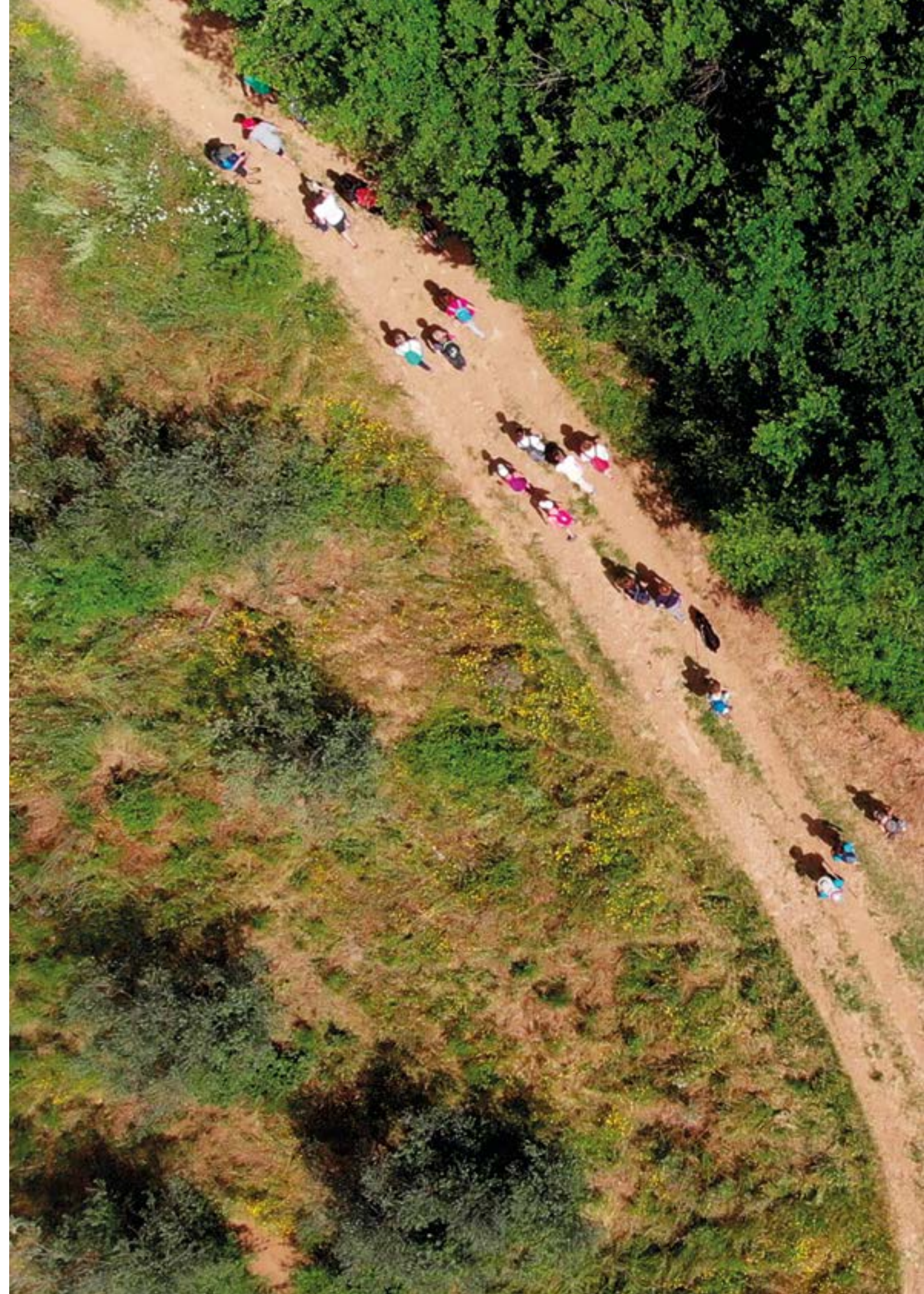
The beauty and uniqueness of **Balze** will be the perfect setting for **e-bike** tours.





Strada dei Setteponti, with its trails, is a balcony overlooking the Tuscan countryside of Valdarno Superiore. **Valdambra** is rich of carefully marked paths and trails that combine nature and culture. And for those who do not want to give up physical activity even in the evening, Cavri-glia is home to **Parco dello Sport Circuito Bellosguardo**, a park dedicated to sports, which can be explored by bike or on foot and which remains illuminated all night.

Moreover, thanks to the cycle path that will go from its sources to its mouth, it will soon be possible to run along the entire course of the **Arno** river, which gives its name to our valley. For the moment, the most beautiful place to get close to this great river is the one-day experience at the Riserva naturale regionale **Valle dell'Inferno natural reserve and Bandedella**, perhaps with an excursion on foot or by canoe, to admire the banks of Arno and the habitat of numerous water birds.



1. Valle dell'Inferno
natural reserve
and Bandella
Laterina Pergine



2. Sunset
in Valdambra
3. kingfisher



4. Hare



The best trails

- Sentiero dell'Acqua zolfina (Zolfina water trail) through Balze
- Trail of Alta Val d'Ambra with a ring itinerary
Anello dei Corbezzoli (Strawberry Tree Ring Trail) and Anello dei Castelli (Castles Ring Trail)
- Strada dei Setteponti
- Paths of Valle dell'Inferno natural reserve and Bandella
- Circuito Bellosguardo
- Via della Lignite
- Via dei Fossili
- Via del Fagiolo Zolfino
- Via dell'Olio





Vineyard
Vigna
delle Sanzioni
Strada
dei Setteponti
Loro Ciuffenna

Useful numbers

All the information
you need can be found
on **visitvaldarno.com**

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TOSCANA

RINASCIMENTO SENZA FINE

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